



Logistics, Information and Costs.

DEPARTURE:

Friday 30th April 2021

Time: 14:20hrs

Arrival Leeds/Brad

Time: 16:50hrs

Transfer from Airport to accommodation by coach. Journey is 2.5hours.

Upon arrival to our Base Camp, we shall have our Welcome Brief as well as deliver the final instructions for the challenge and hand over the route cards to all participants. Following this, you will be shown around the premises and then assigned to your rooms. In the evening, you can either lounge in the hostel or join the LifeWalk Team at the neighbouring traditional British pub to discuss the challenge together.

Saturday 1st May 2021

START OF THE CHALLENGE

07:00 Breakfast

07:45 Depart hostel by coach to Starting Checkpoint

09:00 Walk starts

18:00 Pick up by coach at Final Checkpoint

The total distance of Hadrian's Wall will be covered in just 4 days. Each day, participants will go through a series of checkpoints along the wall and must reach the final checkpoint by the end of the day. Once all participants have reached their final checkpoint, they will be transported back to the accommodation. The next day, all participants will be transported to the previous day's final checkpoint which in turn, shall become the new starting checkpoint for the day.

The entire route is clearly marked. The LifeWalk team will have a support vehicle following the participants through each day of the challenge. Each walker will be given a detailed route card as well as a list of checkpoints of where to stop for refreshments.

Wednesday 5th May 2021

13:00 Meeting at Hostel Reception for Final Meeting & Team Photo

??:?? Pick up by coach and airport transfer. 2.5 hours.

19:15 hrs Departure from Manchester

23:40 hrs Arrival in Malta

We recommend Laferla Insurance for self or any of your personal belongings throughout the challenge.

Accomodation



Accommodation is “**The Sill Youth Hostel**” which is a beautiful and modern establishment set in the remote countryside of Northumberland. This shall be our Centre Of Operations throughout the challenge. Our Base Camp! It is also a place where you can feel at home, have a warm shower after a long hard day, congregate with the rest of the team, share tips and stories as well as safely, leave all your personal belongings in, throughout each day of the challenge.



All participants shall be allocated shared rooms upon arrival. Each room has its own bathroom facilities.

Ideally located in the beautiful countryside of the National Park, this state of the art hostel is a perfect backdrop for us to set up Base Camp and efficiently complete our 4 day challenge. The hostel's facilities include a retail shop, laundry, an open plan bar/dining room, a self-catering kitchen and extensive landscaped areas in which to sit, play and learn.

The Neighbourhood



The lavish **Twice Brewed Inn** is just 50 meters away. This down-to-earth pub is 2 miles from both the Vindolanda archaeological site and museum, from Crag Lough lake and 8 miles from Featherstone Castle. This classic looking, timeless brewery and taphouse hang out provides a great space for us all to gather at the end of each day and plan the next. Apart from this Inn, ***there is nothing within 5 miles***. This is isolation at its finest! Heaven!!

Things to do around Base Camp

 <p>Talkin Tarn Country Park An ideal place for water sports or a quiet stroll through the mature woodlands. Fishing and bike hire available. See details on the Visit Cumbria website</p>	 <p>Vindolanda This Roman fort is just south of Hadrian's Wall and is great for learning more about the local history.</p>	 <p>The Roman Army Museum Based at the site of Carvoran Roman Fort, the Roman Army Museum is an authentic and dramatic tribute to Rome's extraordinary military legacy. Visit the website</p>	 <p>Housesteads Roman Fort 2.7 miles Housesteads Roman Fort is the remains of an auxiliary fort on Hadrian's Wall.</p>
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Remember that this challenge is tough and will require your full dedication and test your endurance. Early shut-eye is recommended; eat healthy, drink plenty of water and come equipped with the right shoes and clothing. Be positive and remember why you are doing this.

Flights



For this challenge, we are giving you the freedom to book and manage your own flights. Having organized group challenges overseas, over the last 21 years, we understand that many people prefer booking their own tickets and dates to be able to travel earlier and/or leave at a later date if they wish. It doesn't matter how or when you get there, as long as you are at The Sill Hostel by the time the coach arrives with the group and LifeWalk Team.

You will also be notified of any meetings held for participants during the lead up to the challenge as well as given a Challenge Pack that will include your Challenge Bandana, Route Cards, Checkpoint List etc.

Application forms shall be issued in the coming weeks and we shall go through all applications and evaluate and inform. We are capping the group amount to 50 participants only.

Total cost for land travel, transfers, accommodation, breakfast and dinner, as well as including your donation to the renal patients is of €500. Yes, participants may and are encouraged to raise more funds for donations if they have the ability to do so.

#WalkWithUs

We recommend the following flights

From Malta to Bradford

Sort by: **CHEAPEST** €36 3h 30min FASTEST €36 3h 30min RECOMMENDED €36 3h 30min

 Safe travel planning. Add **All Risk trip cancellation insurance** to your booking (includes COVID-19 infection)!

RYANAIR **MLA** ————— **LBA** 30 Apr (Fri) **Direct**
class: Economy

14:20 → **16:50** ⌚ 3h 30min  [Details](#)

€36
Price for 1 passenger ,
one way

Choose

[Share](#)

From Manchester To Malta

Sort by: **CHEAPEST** €34 3h 25min FASTEST €34 3h 25min **RECOMMENDED** €34 3h 25min

 Safe travel planning. Add **All Risk trip cancellation insurance** to your booking (includes COVID-19 infection)!

RYANAIR **MAN** ————— **MLA** 5 May (Wed) **Direct**
class: Economy

19:15 → **23:40** ⌚ 3h 25min  [Details](#)

€34
Price for 1 passenger ,
one way

Choose

[Share](#)

Basic Checklist For Walk



- A Good Backpack
- Weather-appropriate Clothing
- Good Quality Trekking Shoes
- Water
- Snacks & Energy Bars
- A Guide Book
- Camera
- Walking Poles
- Cash
- Sanitizer
- Sunglasses
- Hat
- Basic First Aid
- Insect Repellent
- Anything you need to make your walk *less challenging...*

Useful Numbers

Logistics : 99920474

Support Team: 79444619 / 99429712

Medic: 99044353

Accomodation: +44 345 260 2702